



OCTOBER 2019



<u>MONDAY</u>	<u>1 TUESDAY</u> 9:00-9:30 COFFEE/SOCIAL TIME 9:30- 9:45 PLEDGE/ROLL CALL 9:45-10:00 MORNING WORKOUT 10:00-10:15 JOURNAL/WEATHER 10:15-11:45 MOW/INTERIOR DESIGN- HALLOWEEN/ SIGN LANGUAGE 10:30 GOLDEN SNEAKERS 11:45-1:00 LUNCH/OUTSIDE 1:00-2:00 LINEDANCING 2:00-2:15 SNACK 2:15-2:30 CHORES 2:30-3:00 FREE TIME	<u>2 WEDNESDAY</u> 9:00-9:30 COFFEE/SOCIAL TIME 9:30- 9:45 PLEDGE/ROLL CALL 9:45-10:00 MORNING WORKOUT 10:00-10:15 – JOURNAL/WEATHER 10:15-11:45 MATH & MONEY ALL OTHERS: HILL COUNTRY GYMNASTICS AT 11AM 11:45-1:00 LUNCH/OUTSIDE TIME 1:00-2:00 SOCIAL SKILLS 2:00-2:30 SNACK 2:30-2:45 CHORES 2:45-3:00 FREE TIME BRING \$5 FOR GYMNASTICS	<u>3 THURSDAY</u> 9:00-9:30 COFFEE/SOCIAL TIME 9:30-9:45 PLEDGE/ROLL CALL 9:45-10:00 MORNING WORKOUT 10:00-10:15 JOURNAL/WEATHER 10:15-11:45 M.O.W./SHOPPING & NUTRITION 11:00 – CHOIR PRACTICE 11:45-1:00 LUNCH 1:00-2:00 BINGO 2:00-2:15 SNACK 2:15-2:30 CHORES 2:45-3:00 FREE TIME	<u>4 FRIDAY</u> 9:00-9:30 COFFEE/SOCIAL TIME 9:30- 9:45 PLEDGE/ROLL CALL 9:45-10:00 MORNING WORKOUT 10:00-10:15 JOURNAL/WEATHER 10:15-11:45 CRAFTING/COMMUNITY OUTING/ 11:45-1:00 LUNCH /OUTSIDE 1:00-2:00 BINGO / BAKING 2:00-2:15 SNACK 2:15-2:30 CHORES 2:30-3:00 FREE TIME EARL'S BIRTHDAY SATURDAY! GEORGE'S BDAY SUNDAY!
<u>7 MONDAY</u> 9:00-9:30 COFFEE/SOCIAL TIME 9:30-9:45 PLEDGE/ROLL CALL 9:45-10:00 MORNING WORKOUT 10:00-10:15 JOURNAL/WEATHER 10:15-11:45 MOW/FOCUS READING AT LIBRARY 10:30 SMALL GROUP VOLUNTEER AT KNOPP NURSING HOME 11:45-1:15 LUNCH/OUTSIDE TIME 1:15-2:00 VOCABULARY/SIGN LANGUAGE/VOLUNTEER WORK 2:00-2:15 SNACK 2:15-2:30 CHORE 2:45-3:00 FREE TIME	<u>8 TUESDAY</u> 9:00-9:30-COFFEE/SOCIAL TIME 9:30-9:45 PLEDGE/ROLL CALL 9:45-10:00 MORNING WORKOUT 10:00-10:15 JOURNAL/WEATHER 10:15-11:45 MOW/SIGN LANG/ FOCUS GOLD SNEAKER PROGRAM 11:45-1:00 LUNCH 1:00-2:00 LINEDANCING & BINGO or FALL FUNDRAISER 2:00-2:15 SNACK 2:15-2:30 CHORES 2:45-3:00-FREE TIME	<u>9 WEDNESDAY</u> 9:00-9:30 COFFEE/SOCIAL TIME 9:30- 9:45 PLEDGE/ROLL CALL 9:45-10:00 MORNING WORKOUT 10:00-10:15 – JOURNAL/WEATHER 10:15-11:45 MATH & MONEY ALL OTHERS: HILL COUNTRY GYMNASTICS AT 11AM 11:45-1:00 LUNCH/OUTSIDE TIME 1:00-2:00 SOCIAL SKILLS 2:00-2:30 SNACK 2:30-2:45 CHORES 2:45-3:00 FREE TIME BRING \$5 FOR GYMNASTICS	<u>10 THURSDAY</u> 9:00-9:30 COFFEE/SOCIAL TIME 9:30-9:45 PLEDGE/ROLL CALL 9:45-10:00 MORNING WORKOUT 10:00-10:15 JOURNAL/WEATHER 10:15-11:45 M.O.W./SHOPPING & NUTRITION 11:00 – CHOIR PRACTICE 11:45-1:00 LUNCH 1:00-2:00 CRAFTING WITH DEBBIE 2:00-2:15 SNACK 2:15-2:30 CHORES 2:45-3:00 FREE TIME	<u>11 FRIDAY</u> 9:00-9:30 COFFEE/SOCIAL TIME 9:30- 9:45 PLEDGE/ROLL CALL 9:45-10:00 MORNING WORKOUT 10:00-10:15 JOURNAL/WEATHER 10:15-11:45 CRAFTING/COMMUNITY OUTING/ FOCUS 11:45-1:00 LUNCH /OUTSIDE 1:00-2:00 HALLOWEEN MOVIE / BAKING 2:00-2:15 SNACK 2:15-2:30 CHORES 2:30-3:00 FREE TIME
<u>14 MONDAY</u> 9:00-9:30 COFFEE/SOCIAL TIME 9:30-9:45 PLEDGE/ROLL CALL 9:45-10:00 MORNING WORKOUT 10:00-10:15 JOURNAL/WEATHER 10:15-11:45 MOW/FOCUS READING AT LIBRARY 10:30 SMALL GROUP VOLUNTEER AT KNOPP NURSING HOME 11:45-1:15 LUNCH/OUTSIDE TIME 1:15-2:00 VOCABULARY/SIGN LANGUAGE/VOLUNTEER WORK 2:00-2:15 SNACK 2:15-2:30 CHORE 2:45-3:00 FREE TIME	<u>15 TUESDAY</u> 9:00-9:30-COFFEE/SOCIAL TIME 9:30-9:45 PLEDGE/ROLL CALL 9:45-10:00 MORNING WORKOUT 10:00-10:15 JOURNAL/WEATHER 10:15-11:45 MOW/SIGN LANG/ FOCUS GOLD SNEAKER PROGRAM 11:45-1:00 LUNCH 1:00-2:00 LINEDANCING & BINGO or FALL FUNDRAISER 2:00-2:15 SNACK 2:15-2:30 CHORES 2:45-3:00-FREE TIME	<u>16 WEDNESDAY</u> 9:00-9:30 COFFEE/SOCIAL TIME 9:30- 9:45 PLEDGE/ROLL CALL 9:45-10:00 MORNING WORKOUT 10:00-10:15 – JOURNAL/WEATHER 10:15-11:45 MATH & MONEY ALL OTHERS: HILL COUNTRY GYMNASTICS AT 11AM 11:45-1:00 LUNCH/OUTSIDE TIME 1:00-2:00 SOCIAL SKILLS 2:00-2:30 SNACK 2:30-2:45 CHORES 2:45-3:00 FREE TIME BRING \$5 FOR GYMNASTICS	<u>17 THURSDAY</u> 9:00-9:30 COFFEE/SOCIAL TIME 9:30-9:45 PLEDGE/ROLL CALL 9:45-10:00 MORNING WORKOUT 10:00-10:15 JOURNAL/WEATHER 10:15-11:45 M.O.W./SHOPPING & NUTRITION 11:00 – CHOIR PRACTICE 11:45-1:00 LUNCH 1:00-2:00 BINGO 2:00-2:15 SNACK 2:15-2:30 CHORES 2:45-3:00 FREE TIME	<u>18 FRIDAY</u> 9:00-9:30 COFFEE/SOCIAL TIME 9:30- 9:45 PLEDGE/ROLL CALL 9:45-10:00 MORNING WORKOUT 10:15-11:45 CRAFTING/COMMUNITY OUTING 11:45-1:00 LUNCH /OUTSIDE 1:00-2:00 COMMUNITY OUTING 2:00-2:15 SNACK 2:15-2:30 CHORES 2:30-3:00 FREE TIME JESSICA'S BDAY IS SUNDAY!
<u>21 MONDAY</u> 9:00-9:30 COFFEE/SOCIAL TIME 9:30-9:45 PLEDGE/ROLL CALL 9:45-10:00 MORNING WORKOUT 10:00-10:15 JOURNAL/WEATHER 10:15-11:45 MOW/FOCUS READING AT LIBRARY 10:30 SMALL GROUP VOLUNTEER AT KNOPP NURSING HOME 11:45-1:15 LUNCH/OUTSIDE TIME 1:15-2:00 VOCABULARY/SIGN LANGUAGE/VOLUNTEER WORK 2:00-2:15 SNACK 2:15-2:30 CHORE 2:45-3:00 FREE TIME EILEEN'S BIRTHDAY!	<u>22 TUESDAY</u> 9:00-9:30-COFFEE/SOCIAL TIME 9:30-9:45 PLEDGE/ROLL CALL 9:45-10:00 MORNING WORKOUT 10:00-10:15 JOURNAL/WEATHER 10:15-11:45 MOW/SIGN LANG/ FOCUS GOLD SNEAKER PROGRAM 11:45-1:00 LUNCH 1:00-2:00 LINEDANCING & BINGO or FALL FUNDRAISER 2:00-2:15 SNACK 2:15-2:30 CHORES 2:45-3:00-FREE TIME	<u>23 WEDNESDAY</u> 9:00-9:30 COFFEE/SOCIAL TIME 9:30- 9:45 PLEDGE/ROLL CALL 9:45-10:00 MORNING WORKOUT 10:00-10:15 – JOURNAL/WEATHER 10:15-11:45 MATH & MONEY ALL OTHERS: HILL COUNTRY GYMNASTICS AT 11AM 11:45-1:00 LUNCH/OUTSIDE TIME 1:00-2:00 SOCIAL SKILLS 2:00-2:30 SNACK 2:30-2:45 CHORES 2:45-3:00 FREE TIME BRING \$5 FOR GYMNASTICS CODY W'S BIRTHDAY!	<u>24 THURSDAY</u> 9:00-9:30 COFFEE/SOCIAL TIME 9:30-9:45 PLEDGE/ROLL CALL 9:45-10:00 MORNING WORKOUT 10:00-10:15 JOURNAL/WEATHER 10:15-11:45 M.O.W./SHOPPING & NUTRITION 11:00 – CHOIR PRACTICE 11:45-1:00 LUNCH 1:00-2:00 BINGO 2:00-2:15 SNACK 2:15-2:30 CHORES 2:45-3:00 FREE TIME	<u>25 FRIDAY</u> 9:00-9:30 COFFEE/SOCIAL TIME 9:30- 9:45 PLEDGE/ROLL CALL 9:45-10:00 MORNING WORKOUT 10:00-10:15 JOURNAL/WEATHER 10:15-11:45 CRAFTING/COMMUNITY OUTING 11:45-1:00 LUNCH /OUTSIDE 1:00-2:00 HALLOWEEN BAKING & WORK ON FUNDRAISER 2:00-2:15 SNACK 2:15-2:30 CHORES 2:30-3:00 FREE TIME
<u>28 MONDAY</u> 9:00-9:30 COFFEE/SOCIAL TIME 9:30-9:45 PLEDGE/ROLL CALL 9:45-10:00 MORNING WORKOUT 10:00-10:15 JOURNAL/WEATHER 10:15-11:45 MOW/FOCUS READING AT LIBRARY 10:30 SMALL GROUP VOLUNTEER AT KNOPP NURSING HOME 11:45-1:15 LUNCH/OUTSIDE TIME 1:15-2:00 VOCABULARY/SIGN LANGUAGE/VOLUNTEER WORK 2:00-2:15 SNACK 2:15-2:30 CHORE 2:45-3:00 FREE TIME	<u>29 TUESDAY</u> 9:00-9:30-COFFEE/SOCIAL TIME 9:30-9:45 PLEDGE/ROLL CALL 9:45-10:00 MORNING WORKOUT 10:00-10:15 JOURNAL/WEATHER 10:15-11:45 MOW/SIGN LANG/ FOCUS GOLD SNEAKER PROGRAM 11:45-1:00 LUNCH 1:00-2:00 LINEDANCING & BINGO or FALL FUNDRAISER 2:00-2:15 SNACK 2:15-2:30 CHORES 2:45-3:00-FREE TIME	<u>30 WEDNESDAY</u> 9:00-9:30 COFFEE/SOCIAL TIME 9:30- 9:45 PLEDGE/ROLL CALL 9:45-10:00 MORNING WORKOUT 10:00-10:15 – JOURNAL/WEATHER 10:15-11:45 MATH & MONEY ALL OTHERS: HILL COUNTRY GYMNASTICS AT 11AM 11:45-1:00 LUNCH/OUTSIDE TIME 1:00-2:00 SOCIAL SKILLS 2:00-2:30 SNACK 2:30-2:45 CHORES 2:45-3:00 FREE TIME BRING \$5 FOR GYMNASTICS	<u>31 THURSDAY</u> 9:00-9:30 COFFEE/SOCIAL TIME 9:30-9:45 PLEDGE/ROLL CALL 9:45-10:00 MORNING WORKOUT 10:00-10:15 JOURNAL/WEATHER 10:15-3:00 HALLOWEEN PARTY	

